

Family Discipleship: Week 1 Notes

What is discipleship?

What is it not?

Discussion: What misconceptions or excuses do you find yourself making with Family Discipleship?

Why is discipleship important?

Discussion: What is your actual goal for your kids?

What is Spiritual Leadership?

What is Modeling?

“Serving as a godly example for your family, living out your genuine walk with God, and demonstrating true repentance where and when you fall short.”

Discussion: What are 1-2 inconsistencies between what you tell you kids is right and what they see you do?

Where are we going?

- Time
- Milestones
- Moments

“You shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates” Deuteronomy 6:5-9

Spiritual Disciplines Plan

	Morning	Afternoon	Evening
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			

Family Discipleship: Week 2 Notes

Discussion Question: What was something that you decided to change or adjust based on what you learned last week?

What are milestones?

“Marking and making occasions to celebrate and commemorate significant spiritual milestones of God’s work in the life of the family and child.”

Making Milestones

Marking Milestones

Time

“Creating intentional time built into the rhythm of the family’s life for the purpose of thinking about, talking about, and living out the gospel.”

“If parents are looking for a convenient time to schedule family worship, they may as well forget the idea. Christianity is not a matter of convenience; it involves cost.” Howard Hendricks

Time and Rhythm

Discussion Question: What natural rhythms or touchpoints does your family have that you could see working in times of intentional discipleship?

Time and Intentionality

What Milestones Do You Celebrate?

Birthdays

- 1st birthdays
- 13th birthdays
- 16th birthdays

Holidays:

- Christmas Day
- Advent
- Easter
- Lent
- Thanksgiving
- New Years
- Veterans Day or Memorial Day
- Other:

Anniversaries:

- Marriage anniversaries
- Death of a loved one
- Anniversary of child's salvation or baptism

Family Adventures

- Mission trips
- Family camping trip/retreat
- Annual vacations
- Road trips

Rites of Passage

- Baby dedication
- Transitioning to elementary school or high school
- Transition to manhood or womanhood
- Baptism and Communion
- Graduation
- Winning or completing a competition

Time Rating Scale

On a scale of one to three, rate how much time and consideration your family gives to the following activities. Note: If you are looking at this with someone else, it is okay to have differing opinions and preferences on many of these things.

1 = Not enough time and consideration

2 = The right amount of time and consideration

3 = Too much time and consideration

___ All family members have time to themselves.

___ The whole family does something fun together.

___ The whole family has an in-depth conversation together.

___ We have fun spending time with people outside the family.

___ We talk about the gospel together.

___ We serve or worship together.

___ The whole family eats meals together.

___ The parent(s) plan(s) time for when the family will be together.

___ We work out, participate in activities/hobbies, and/or play sports.

___ We work at our job(s).

___ We sleep.

___ We watch TV, read, play video games, and/or listen to music.

___ We build relationships with those who don't know Christ.

___ We spend time with our biblical community.

___ We manage conflict in a healthy way.

___ If married: My spouse and I have time for just the two of us, without kids.

Family Discipleship Time Plan

	Week 1	Week 2	Week 3	Week 4
S				
M				
T				
W				
TR				
F				
S				

Family Discipleship: Week 3 Notes

Moments

“Capturing and leveraging opportunities in the course of everyday life for the purpose of gospel centered conversations.”

What are moments?

Discussion: Can you think of an unplanned event or conversation that had a profound impact on your life? What was it?

Moments and Characteristics of God

Discussion: What are the attributes of God you'd like you kids to be aware of? What kinds of circumstances might you be able to leverage to communicate those attributes?

Moments and Godly Character

How did Jesus use moments?

- Luke 21:1-4
- Luke 13: 1-5
- Luke 18: 18-27
- Luke 10: 38-42
- Matthew 18:1-5
- Luke 11: 1-13

Final Thoughts

Characteristics or Attributes of God

1. *Wise.* God knows what is best.
2. *Generous.* God gives what is best.
3. *Loving.* God does what is best.
4. *Good.* God is what is best.
5. *Unchanging.* God was, is, and always will be the same.
6. *Creator.* God made everyone and everything.
7. *Just.* God is right to punish sin.
8. *Faithful.* God always does what he says he will do.
9. *Provider.* God meets the needs of his children.
10. *Merciful.* God does not give his children the punishment they deserve.
11. *Attentive.* God hears and responds to the prayers of his children.
12. *Almighty.* Nothing is too hard for God.
13. *Compassionate.* God sees, cares, and acts when his children are in need.
14. *Worthy.* Only God deserves all glory.
15. *Deliverer.* God rescues his children.

Moments Plan

Use Scripture or characteristics that you know to be true of God to talk about how you would respond to your child in these moments:

- a. When your child is angry.
- b. When your child is sad.
- c. When you have something to celebrate.
- d. When you see something upsetting.
- e. When your child is scared or anxious.
- f. When you messed up and need to apologize.
- g. When you see something beautiful.
- h. When you see sinful pride in your child.
- i. When your kids are having trouble getting along.
- j. When your child approaches you with a sin struggle.
- k. When your child overcomes fear
- l. When your child displays fruit of the spirit

Resources

Books:

- "Family Discipleship" Matt Chandler and Adam Griffin
- "In His Image: 10 Ways God Calls Us to Reflect His Character" Jen Wilkin
- "None Like Him: 10 Ways God is Different from Us" Jen Wilkin
- "Parenting: 14 Gospel Principles that can Radically Change Your Family" Paul Tripp
- "Family Worship" Donald S. Whitney

Apps:

- Parent Cue App
- New City Catechisms

Podcasts:

- Jen Wilkin- "Raising an Alien Child" Gospel Coalition Podcast
- Dad Tired podcast
- Risen Motherhood podcast
- DriveTime Podcast

Bible Study Resources:

- [Netbible.org](https://www.netbible.org) — this one you can read and study the Bible through commentary notes and the original languages. It's easy to use and good quality content
- <https://bible.org/> — a place to ask questions that isn't Google and will present good biblically-based answers
- <https://bibleproject.com/> — a helpful way to communicate truths of Scripture to kids — they are engaging videos and biblically sound
- Daily Grade Company- great resource for bible studies

Other Resources:

- Center for Parent/Youth Understanding
- Sean McDowell Resources
- Orange Legacy Marbles